

## Feedback

In February 2014, I had an appointment with my consultant, Dr R Subramanian and his assistant Dr Ashraf to discuss my current position. An operation (Laparoscopic Nephrectomy – removal of kidney) was planned for me sometime during the year; a possible date was set however due to my exams it was not possible to be done during that time. With no hesitation the Doctor kindly asked us a suitable date for the procedure. Myself and my family were puzzled whether to go ahead with the operation or not. My consultant, Dr R Subramanian didn't force us to go ahead with the procedure however he was determined for me to have it, purely for the benefit of my life. He clearly explained to us the pros and cons of the procedure, with the cons being minor. He also knew exactly what his objective was and has also performed this type of surgery before and was experienced which gave me confidence in him. Junaid Ashraf supported me and my family which was very helpful as we were in a dilemma. A final date was set for the procedure, however because I still didn't know whether to go ahead with the operation or not, he kindly said that if you do decide to change your mind, just ring up and cancel the operation, so the opportunity was there if we needed it. After asking for a second opinion we decided to go ahead with the procedure.

On the day of the operation, both doctors visited me in the morning and supported me and helped me to remain calm which made me less nervous. After the operation was done, my parents were relieved to hear that everything went according to plan and perfectly by my consultant. He also stated that he was glad that we went ahead with the procedure due to what was removed. After a good sleep, Dr Ashraf visited me, he further supported me and told me what medicine I was to take and clearly explained what I should and shouldn't be doing during the recovery period. Later on, Dr R Subramanian visited me and explained to us the discoveries during the operation, which I found to be very useful as it reassured that the procedure was a good thing to go ahead with. The nurses also looked after me during my stay and if I needed help with anything, they were always happy to help. An appointment with the district nurse was already booked for me which was helpful just to make sure that everything was healing fine. An ultrasound scan and an appointment were made after a few months of the operation to make sure everything inside was alright.

Overall I am happy that I went ahead with the procedure as it will improve my lifestyle. I and my family would also like to thank Dr R Subramanian and Dr J Ashraf for helping and supporting me during this procedure.