

Parental/Patient Feedback on Deflux Injection Therapy - Printable version

Katy was diagnosed with VUR at just a few months old, we were aware of the condition as her twin brothers had been diagnosed the year before. She was prescribed a prophylactic antibiotic and only suffered occasional UTIs until the age of 7 when it was decided to stop the antibiotics altogether. The next 2 years were trouble free but not long after her 9th birthday she suffered a prolonged and particularly persistent bout of infections and cystitis, when after 6 months it recurred we asked to be referred back to Mr Thomas at St James's. An x ray showed that reflux was still occurring and damage was being sustained on Katy's left kidney. We decided at that stage to accept the offer to try deflux injection therapy and were referred to Mr Subramaniam.

This is Katy's own account of her experience:

WHEN I HEARD THAT I WAS GOING TO HAVE AN OPERATION I WAS SCARED AND GLAD, SCARED BECAUSE I'VE NEVER HAD AN OPERATION BEFORE AND GLAD BECAUSE MY MUM SAID IT WOULD STOP ME GETTING KIDNEY INFECTIONS AND CYSTITIS....HOPEFULLY. ON THE DAY OF THE OPERATION THE NURSES WERE REALLY NICE AND THE DR EXPLAINED EVERYTHING TO MY MUM, WHO STAYED WITH ME ALL THE TIME .I WAS ASLEEP DURING THE OPERATION WHICH WAS GOOD BECAUSE I WOULD HAVE BEEN EMBARRASSED.WHEN I WOKE UP IT FELT UNCOMFORTABLE WHERE THE TUBES HAD GONE IN AND I FELT LIKE I WAS WETTING MYSELF. I HAD TO GO FOR A WEE AND THEN IT REALLY HURT A LOT, AND BLOOD CAME OUT. THE NURSES SAID THAT WAS NORMAL AND WOULD STOP SOON AND THEN I CAME HOME.WHEN WE GOT HOME MY MUM GAVE ME SOME MEDICINE (PARACETAMOL) AND SHE PUT A BAG OF FROZEN PEAS IN A TEA TOWEL FOR ME TO HOLD ON THE SORE BIT, I ALSO HAD TO DRINK LOTS, AND I HAD 2 DAYS OFF SCHOOL - 3 ALTOGETHER. NOW I'M FINE.

Katy recovered very quickly the worst part I think was the evening after the procedure but we were reassured by the hospital staff and the advice worked. Since the procedure were delighted to say that she has been infection free .Katy is 11 years old now and thankfully is more self aware and less likely to "hold on" for the toilet as in the past, she now understands the importance of emptying her bladder regularly and completely, she says she *feels* like she needs to go, when in the past she didn't always have that sensation. We are so pleased that we were able to have this opportunity and would not hesitate to recommend this procedure to anyone in a similar situation.

Kind regards,

Angela

