

Parental Feedback on VUR Treatment - Printable version

Alexandra had her first UTI diagnosed at 9 weeks old. Over the months that followed she had several other infections and as a result tests were carried out and it was established that she had a grade IV VUR. Initially she was placed on low level antibiotics but unfortunately this did not stop breakthrough infections. Given the potential risk of kidney damage the advice was to try and resolve the VUR through a technique called Deflux. Mr Subramaniam explained the procedure thoroughly and outlined the success rates. We also researched the technique on the internet and based on what we had read and Mr Subramaniam's confidence in this procedure we decided to go ahead. We were more than happy to try this minimally invasive technique as an alternative to much more invasive surgery.

Given her age (she was 18 month old at the time), Alexandra does not remember the operation nor was she particularly affected by it on the day. The hospital staff were all very helpful, everything was explained fully and Alexandra was well looked after. One of us was with her all the time so she was never in any distress; she was a little teary when she came round but was soon bouncing on the beds and running around. Its incredible how quickly little ones recover.

We have been delighted with the long term results. Two years on, Alexandra has not had a UTI since the Deflux and we have not been aware of any side-effects. She is a thriving and happy 3.5 years old and we are indebted to Mr Subramaniam and his team for their help. Alexandra will continue to be monitored to make sure she has no lasting kidney problems but for now everything seems fine. We would have no hesitations recommending this procedure to other parents in a similar situation.